



live
better

ULTRA HD CATALOGUE



MY ZEN FAMILY

Non-scripted show - the daily life of 4 couples awaiting a baby,
from the first ultrasound to the child's birth

Season 1

Season 2



MY ZEN FAMILY

Non-scripted show - the daily life of 4 couples awaiting a baby, from the first ultrasound to the child's birth

Season 3



Season 4



45'

NATHALIE

EN/FR/RU



37'

KIM

EN/FR/RU

Season 4

CLARA

EN/FR/RU

35'

CORALIE

EN/FR/RU

34'

MY ZEN FAMILY

Non-scripted show - the daily life of 4 couples awaiting a baby, from the first ultrasound to the child's birth

PRIME NATHALIE+CLARA+CORALIE+KIM

EN/FR/RU

1h53

PRIME NATHALIE+CLARA+CORALIE+KIM

EN/FR/RU

2h25

PRIME NATHALIE+CLARA+CORALIE+KIM

EN/FR/RU

1h24

PRIME NATHALIE+CLARA+CORALIE+KIM

EN/FR/RU

2h32

PRIME NATHALIE

EN/FR/RU

2h18

PRIME CLARA

EN/FR/RU

1h45

PRIME CORALIE

EN/FR/RU

2h20

PRIME KIM

EN/FR/RU

1h56



MY ZEN PEOPLE

Stories of people who have changed their lives
to follow their passions

JOHN - RUSSIA

EN/FR/RU

49'

MATRYOSHKA AND PAINTINGS - RUSSIA

EN/FR/RU

49'



ROAD TRIP

The day-to-day adventures of My Zen TV team's road trip from Paris to Moscow

PARIS-BRUSSELS

EN/FR/RU

58'

BRUSSELS-AMSTERDAM

EN/FR/RU

58'

BERN-BAVARIA

EN/FR/RU

58'

PRAGUE-WROCLAW

EN/FR/RU

1h10

VILNIUS-RIGA

EN/FR/RU

56'

SAINT-PETERSBOURG

EN/FR/RU

57'

MOSCOW

EN/FR/RU

1h02



THE GUESTHOUSE

Visits of the most beautiful and surprising guesthouses
in the world

HOTEL MOLITOR - PARIS

EN/FR/RU

37'

OFF HOTEL - PARIS

EN/FR/RU

34'



THE GUESTHOUSE

Visits of the most beautiful and surprising guesthouses
in the world

GALINA - RUSSIA
EN/FR/RU

41



